

PRESS RELEASE

Cosmetic Surgeon Offers Breast Reconstruction Advice To Breast Cancer Survivors

SUMMARY: More than 260,000 people will be diagnosed with breast cancer this year. But thanks to advances in medical treatments, more people recover and live happy, healthy lives long after diagnosis. For one Colorado doctor, ensuring happiness means providing alternatives, including breast reconstruction.

(PRWEB) October 20, 2006 - Over 2.3 million women are living in the United States with a history of breast cancer. Some are cancer free, while others may still be undergoing various levels of treatment. But they all hold something in common: the desire to return to healthy, normal lives.

October is Breast Cancer Awareness Month. Even though breast cancer is rising among women in the United States, and is now the most common non-skin cancer and the second leading cause of cancer-related death in women, women are finding more successful treatments that allow them to live longer, fuller lives.

"The good news is there have been some major improvements since the early 1990's," stated Dr. Jeremy Z. Williams, cosmetic surgeon and breast reconstruction expert. "The overall death rate has steadily decreased because women are more aware of the risks, and are following recommended guidelines more closely than ever."

Medical practitioners recommend for women age 40 and older to have an annual mammogram, annual clinical breast examination, and perform monthly breast self-examinations. For women age 20-39, recommendations include a clinical breast examination every three years, and monthly breast self-examination.

"Because more women are living and recovering from breast cancer, they are also demanding ways to improve their lives," stated Dr. Williams. "Women today have more options than ever before."

For some women facing partial or full mastectomy, breast reconstruction is a viable choice. Women choose reconstruction for a variety of reasons, including:

- To make your breasts look balanced under clothing
- To permanently regain your breast contour
- To give the convenience of not needing an external prosthesis

"Though the differences between the reconstructed breast and the remaining breast will still be noticeable to the patient, it can offer peace of mind to many women," stated Dr. Williams. "Getting back to a comfortable lifestyle, and feeling good about how you look in most types of clothing can be a major step in the right direction."



PARK MEADOWS COSMETIC SURGERY, PC
PARK MEADOWS OUTPATIENT SURGERY, LLC
7430 E. Park Meadows Drive Suite 300
Lone Tree, Colorado 80124
303.706.1100

Dr. Jeremy Z. Williams

Dr. Jeremy Z. Williams is a cosmetic surgeon with Park Meadows Cosmetic Surgery in Lone Tree, Colorado. He spent seven-years at the Johns Hopkins Hospital in Baltimore, Maryland (ranked by U.S. News & World Report as America’s #1 hospital for the last 15 years) training in the area of Plastic and Reconstruction Surgery. He has also recently been named an Assistant Clinical Professor in the Department of Surgery, Division of Plastic and Reconstruction Surgery at the University of Colorado at Denver Health Science Center and School of Medicine. Dr. Williams has had a lifelong interest in academic plastic surgery, and maintains an active interest in the pursuit of new innovations through research in the field of plastic and reconstructive surgery.

About Park Meadows Cosmetic Surgery

Park Meadows Cosmetic Surgery is located in Lone Tree, Colorado. It provides outpatient surgery for a variety of plastic surgery procedures, including abdominoplasty or tummy tucks, facial procedures including rhinoplasty or nose surgery, and breast enhancement and reconstruction procedures.

For more information:

TAMMY GARCIA

Promotions Director - Patient Care Coordinator

303-706-1100

www.ParkMeadowsCosmeticSurgery.com